

BREAKFAST

JULY 2024

PLESD SUMMER PROJECT RESILIENCE @ RIO DEL ORO

Questions or concerns
 Contact Nutrition Services
 (530) 743-4428 or
mdelonga@plUSD.org

Monday

Tuesday

Wednesday

Thursday

Friday

1
 Muffin
 Bagel / Cream Cheese
 Cereal Bowl
 Blueberries
 Grape Juice

2
 Bagelful
 Bagel / Cream Cheese
 Cereal Bowl
 Sliced Apples
 Orange Pineapple Juice

3
 Breakfast Sandwich
 Bagel / Cream Cheese
 Cereal Bowl
 Nectarine
 Apple Juice

4
NO SCHOOL

5
 Fresh Baked
 Cinnamon Rolls
 Bagel / Cream Cheese
 Cereal Bowl
 Fresh Orange
 Apple Juice

8
 Powdered Donuts
 Bagel / Cream Cheese
 Cereal Bowl
 Banana
 Grape Juice

9
 French Toast
 Bagel / Cream Cheese
 Cereal Bowl
 Sliced Apples
 Orange Pineapple Juice

10
 Buttermilk Bar
 Bagel / Cream Cheese
 Cereal Bowl
 Nectarine
 Apple Juice

11
 Mini Cinnis
 Bagel / Cream Cheese
 Cereal Bowl
 Fresh Apple
 100% Juice Fruit Punch

12
 Fresh Baked
 Cinnamon Rolls
 Bagel / Cream Cheese
 Cereal Bowl
 Fresh Orange
 Apple Juice

15
 Mini Pancakes
 Bagel / Cream Cheese
 Cereal Bowl
 Banana
 Grape Juice

16
 Pancake Wrap
 Bagel / Cream Cheese
 Cereal Bowl
 Sliced Apples
 Orange Pineapple Juice

17
 Muffin
 Bagel / Cream Cheese
 Cereal Bowl
 Sliced Cantalope
 Apple Juice

18
 Bagelful
 Bagel / Cream Cheese
 Cereal Bowl
 Fresh Apple
 100% Juice Fruit Punch

19
 Fresh Baked
 Cinnamon Rolls
 Bagel / Cream Cheese
 Cereal Bowl
 Fresh Orange
 Apple Juice

22

23

24

25

26

29

30

31

All meals are served
 with the choice of
 1% white milk or nonfat
 chocolate milk.



Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.